



OCTOBER 2019

		Monday	Tuesday	Wednesday	Thursday	Friday	
OCT 1st OCT 4th	AM		Fruit Smoothie Honey Grahams	Mini Pancakes and Milk	Cheese Slices Applesauce	Sunbutter Roll-ups and Bananas	w e e k 1
	PM		Meatballs Cucumber Slices	Turkey Slices Crackers	Mini Corn Dogs Green Beans	Yogurt Pita Bread	
OCT 7th OCT 11th	AM	Oatmeal and Milk	Diced Ham Pineapple Slices	Bagel W/ Cream Cheese and Banana	Sausage Links Craisins	Hard Boiled eggs Apple Slices	w e e k 2
	PM	Chocolate Graham String Cheese	Bean and Cheese Burritos	Goldfish Crackers Grapes	Chicken Nuggets Cucumber Slices	Animal Crackers Melon	
OCT 14th OCT 18th	AM	Fruit Smoothie Honey Graham	Sausage and Cheese Quesadilla	Mini Pancakes and Milk	Cheese Slices Applesauce	Sunbutter Roll-ups and Bananas	w e e k 3
	PM	Little Smokies Grapes	Meatballs Cucumber Slices	Turkey Slices Crackers	Mini Corn Dogs Green Beans	Yogurt Pita Bread	
OCT 21st OCT 25th	AM	Oatmeal and Milk	Diced Ham Pineapple Slices	Bagel W/ Cream Cheese and Banana	Sausage Links Craisins	Hard Boiled Eggs Apple Slices	w e e k 4
	PM	Chocolate Grahams String Cheese	Bean and Cheese Burritos	Goldfish Crackers Grapes	Chicken Nuggets Cucumber Slices	Animal Crackers Melon	
OCT 28th OCT 31st	AM	Fruit Smoothie Honey Grahams	Sausage and cheese Quesadilla	Mini Pancakes and Milk	Cheese Slices Applesauce		w e e k 5
	PM	Little Smokies Grapes	Meatballs Cucumber Slices	Turkey Slices Crackers	Mini Corn Dogs Green Beans		